

5 Things Everyone Can Do to Prevent Elder Abuse

Here are 5 simple steps everyone can take to build community supports and prevent elder abuse.



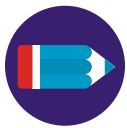
1) Learn the signs of elder abuse and how we can solve the issue together.



2) Prevent isolation. Call and visit our loved ones and encourage them to strengthen their circles of connection.



3) Talk to friends and family members about how we can age well and reduce abuse in our communities by engaging in activities that help us **connect, learn, give, and grow as we age.**



4) Sign up to be a friendly visitor to an older person in our communities.



5) Send a letter to a local paper, radio or TV station suggesting that they cover World Elder Abuse Awareness Day (June 15) or Grandparents Day in September.

*It is up to **all of us** to prevent and address elder abuse!*

For more information on elder abuse prevention, please visit us online or call:



advocacy | action | answers on aging



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This material was completed for the National Center on Elder Abuse situated at Keck School of Medicine at the University of Southern California, in partnership with the National Association of Area Agencies on Aging, and is supported in part by a grant (No. 90ABRC000101-02) from the Administration for Community Living, U.S. Department of Health and Human Services (HHS). Grantees carrying out projects under government sponsorship are encouraged to express freely their findings and conclusions. Therefore, points of view or opinions do not necessarily represent official ACL or HHS policy.