

# 5 Things Everyone Can Do to Prevent Elder Abuse



1. **Learn the signs** of elder abuse and how we can solve the issue together.



2. **Prevent isolation.** Call and visit our loved ones and encourage them to strengthen their circles of connection.



3. **Talk to friends and family members** about how we can age well and reduce abuse in our communities by engaging in activities that help us connect, learn, give, and grow as we age.



4. **Sign up** to be a friendly visitor to an older person in our communities.



5. **Send a letter** to a local paper, radio or TV station suggesting that they cover World Elder Abuse Awareness Day (June 15) or Grandparents Day in September.

*It is up to all of us to prevent and address elder abuse!*

**For more information on elder abuse prevention, please visit us online or call:**



advocacy | action | answers on aging



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