

5 Things Everyone Can Do to Prevent Elder Abuse



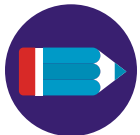
1. **Learn the signs** of elder abuse and how we can solve the issue together.



2. **Prevent isolation.** Call and visit our loved ones and encourage them to strengthen their circles of connection.



3. **Talk to friends and family members** about how we can age well and reduce abuse in our communities by engaging in activities that help us connect, learn, give, and grow as we age.



4. **Sign up** to be a friendly visitor to an older person in our communities.



5. **Send a letter** to a local paper, radio or TV station suggesting that they cover World Elder Abuse Awareness Day (June 15) or Grandparents Day in September.

It is up to all of us to prevent and address elder abuse!

For more information on elder abuse prevention, please visit us online or call: